

Appendix 2: Student Emails

UNIVERSITY of HOUSTON

outlook.office.com/mail/fd/AAQkADJiMjFIYzM1LTdlZjitNDc1ZC1iMDNjLTZyZmI5NDcxZDYwZAAQADfyvW0I0sdPhYDUrAS4tTA%3D

All From: RR

Delete Archive Junk Move to Categorize Snooze

New message

Send email View profile

Results Filter

All results

RR > Questions about Buddhism Tue 12/14
Something came up and I won't... [Inbox]

RR > Sun 11/7/2021 11:14 AM
To: Dat, Thich H
Hello Professor,

RR > Questions about meditati... 11/16/2021
Hello Professor, Thank you for g... [Inbox]

Questions about meditation, Buddhism, and the concept of spirituality

Hi

Thanks for sharing of your experience in my classes and interest in learning more about meditation. I have time this Wednesday, between 5:00-8:00PM and Thursday, between 1:30-4:30PM.

Dr. Huynh.

> Sun 11/7/2021 11:14 AM
To: Dat, Thich H
Hello Professor,

I hope you are well. I took your intro to Eastern religions and intro to Buddhism classes about a year ago. I am emailing you because I have been practicing meditation for some time now and I have many questions about what I have experienced; about how I can improve my meditation practice. I also have some questions about how you balance your life as a scholar, teacher, monk, and spiritual leader. The direction of my life has changed in large part because of your classes and seeing how you conducted yourself. It would mean a lot to me if you would be open to mentoring me. If you are not too busy, I would love to set up a zoom call with you to discuss my questions. Please let me know if there are any times that work for you. Thank you for your time.

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New message

Delete Archive Junk Move to Categorize

Favorites

- Inbox 23
- Sent Items
- Drafts 46

Add favorite

Folders

- Inbox 23
- Drafts 46
- Sent Items
- Deleted Items
- Junk Email 2
- Archive
- Notes

random acts

Results Filter


Top results

- Dat, Thich H
> UH Club Sponsor - Rando... 11/11/2021
Good morning, I a... [Sent Items]
- Microsoft Viva
Your daily briefing 11/16/2021
Hi Dat, Thich H, Make today co... [Inbox]
- Microsoft Viva
Your daily briefing 11/15/2021
Hi Dat, Thich H, Hope you had t... [Inbox]

All results

- Microsoft Viva
Your daily briefing 11/16/2021
Hi Dat, Thich H, Make today co... [Inbox]
- Microsoft Viva
Your daily briefing 11/15/2021
Hi Dat, Thich H, Hope you had t... [Inbox]

UH Club Sponsor - Random Acts of Kindness

 [Redacted Name]

Mon 10/11/2021 1:18 PM

To: Dat, Thich H

Hello Professor Huynh,

I hope you are doing well!

My name is [Redacted Name]. I was a former student of yours for the class called Intro to Buddhism. Learning the philosophies of that course made me extremely excited to learn even more after the class. During the summer, I recalled a time during one of our lectures where you meditated with us for one minute. It inspired me to meditate this summer and now I meditate for almost an hour a day. I enjoy doing different things like mindfulness meditation, metta meditation, meditation on impermanence, and many more. Looking further into the philosophies of Buddhism further shaped me and transformed me into what I have become today. I have my utmost gratitude for you because you presented to us what Buddhism truly is with such kindness and compassion. Because of this, I wanted to start an organization called Random Acts of Kindness to even further my development and compassion towards other people and myself. As you were an inspiration to me, I was wondering if you would like to sponsor the club and do the same for others?

Sincerely, [Redacted Name]